



BICHUK BULLETIN

HOLY TRINITY UKRAINIAN CATHOLIC CHURCH

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March 01, 2026

Vol. 59, No. 09

2nd Sunday of Lent

Mark 2:1-12



Divine Liturgies:

Sundays: 9:00 a.m. (Ukrainian) & 11:15 a.m. (English)

Monday-Friday: 8:00 a.m.

Saturdays: 5:00 p.m.

Holy Days of Obligation: 10:00 a.m. & 7:00 p.m.

Baptisms & Funerals: By arrangement.

Marriages: By arrangement eight months in advance.

NOTE: Marriage preparation course required.

Confessions: 20 minutes before Sunday Divine Liturgies, or by appointment.

Pastor: Fr. Iryney Valyavka, OSBM

Assistant Pastor: Fr. Yosafat Oliynyk, OSBM

Parish Secretaries (part time): Lorraine Stoyko & Michelle Yakimetz

HOLY TRINITY PARISH OFFICE HOURS (Monday - Friday)

9:30 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.

In the Spirit of St. Basil the Great

As we end the second week of the Fast, the Church gives us words that are both ancient and surprisingly modern: *“O Christ, by fasting and repentance give life to my soul, deadened by the forbidden fruit”*.

In our time, “forbidden fruit” rarely looks dramatic. It is distraction. Constant noise. Endless scrolling. Quiet resentment. Subtle pride. We may not feel rebellious against God – only tired, scattered, spiritually numb. That numbness is what the hymn calls a soul “deadened.”

Lent is not about adding religious pressure to an already busy life. It is about regaining interior freedom. Saint Basil reminds us that fasting is not only from food, but from anger, judgement, harsh words, and vainglory. In a culture where opinions are shouted and reactions are instant, fasting from anger may be more difficult than fasting from meat.

The Canon of the Matins tells us: *“Abstaining from the passions of anger, let us delight in charity without pretense”*.

Without pretense – this speaks directly to our age of visibility. So much of life is public: achievements posted, generosity announced, even spiritual practices shared. But Christ teaches: let your left hand not know what your right hand is doing. True charity grows in secret. What is done quietly before God becomes light in eternity.

The hymn also reminds us of the Judgement Seat. This is not meant to frighten us, but to refocus us. One day, the measure will not be productivity, influence, or reputation. The measure will be love. Did I forgive? Did I serve? Did I protect the dignity of another person? Did I live my baptism?

And we turn to the Mother of God. In a world of anxiety and uncertainty, her words remain revolutionary: *“Behold the handmaid of the Lord.”* She did not control the future; she trusted God within it. Where Eve grasped, Mary surrendered. Where we grasp for control, Lent teaches surrender.

Prayer and fasting are called a “wondrous weapon.” Today that weapon protects our hearts from fragmentation. It teaches us attention. It restores depth, it helps us become whole again before God.



2025 Tax Receipts:

All of the remaining 2025 Tax Receipts that were not picked up have been mailed off at the end of February. The Parish Office will answer inquiries made about the tax receipts until April 30th.

UCWLC Membership Fees (\$20.00) Due:

For anyone who hasn't yet submitted their membership fees, please place in an envelope marked “UCWLC Membership” in the collection plate or bring to the Parish Office. Thank you.

The Holy Father's Prayer Intention for March 2026:

For disarmament and peace: Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.



Parish Annual Meeting:

The Parish Annual Meeting is planned to take place on **Sunday, March 8th**, with lunch, meeting, and fellowship immediately following the **10:00 am bilingual Divine Liturgy**. All parishioners are encouraged to attend to show their interest in and support of the Parish.

Notice to all Parish Council Members: Annual Committee Reports are now due. **Please hand in your annual reports** to the Parish Office, so as to allow the office staff enough time to prepare handouts for the meeting. Thank you!



God Speaks from the Cross – Eparchial Lenten Series

What do Jesus' words from the Cross mean for us today?

Join us for this series of 3 evenings meant to inform and encourage reflection as we prepare ourselves for Great and Holy Pascha. Together we will explore the profound meaning of the seven statements spoken by Christ from the Cross and how they can transform our lives and deepen our relationship with God.

Thu., March 12, 19, & 26 from 7:00 – 8:30 p.m.

LOCATION: In person at St. Basil's Cultural Centre, 10819-71 Ave., Edmonton.

If you are not able to attend in person, you may join on Zoom at this link:
<https://tinyurl.com/Lenten26> .

Contact: Bernadette.mandrusiak@eeparchy.com, or call 780-424-5496 if you have any questions.

Lenten Online Retreat:

For Catechists and those aspiring to become Catechists. **Theme: Fruits of the Holy Spirit.**

Time: 7:00 p.m. CST (6:00 p.m. local MST).

Session dates:

Ukrainian – March 2 and 9; English – March 3 and 10.
Led by Retreat Master Fr. Raphael Strontsitskyy, MSU.
To register, please email catechistugcc@gmail.com .



Perohy and Pereshke for Sale:

To order, please call the Parish Office at 780-632-3433.
Potato & cheddar and potato & cottage cheese perohy-
\$7.00/dozen, packaged in bags of 5-dozen.

For a limited time, Pereshke will be available for
\$10.00/dozen, packaged in bags of 2-dozen.

Please remember to bring a bag to carry your order in.



Elk Island Catholic Schools Registration:

2026-2027 Registration is now open!

St. Martin’s Catholic School: Grades Pre-K – 6

- 780-632-2266 | stmn@eics.ab.ca

St. Mary’s Catholic School: Grades 7-12

- 780-632-3934 | stmy@eics.ab.ca

Register online at: eics.ab.ca .



Community Event – World Day of Prayer:

Friday, March 6th. This year, it will be held at St. John Lutheran Church, 4513-Maple St., at 7:00 p.m.

Upcoming Catering Work Bees – Volunteers Needed!

- **Tue., March 10th: Perohy Making Bee** at 9:00 a.m. in the Parish Hall. Volunteers needed; everyone is welcome!

Volunteer Corner:

A huge thank you to all volunteers who have assisted with the preparation for and catering of the recent events, such as the Perogy Supper, and all other work bees and functions. Thank you for your generosity assisting with these important fundraising opportunities for our parish!

We thank all volunteers who give their time to assist with various church functions and duties.

Thank you to all those who take care of all other volunteer duties, including but not limited to Altar Care, ushering, lectoring, assisting with liturgies, First Holy Communion preparation class, money counting, etc.

Everyone’s unique talents and contributions are greatly appreciated in the life and functioning of our Parish!



Liturgy Service at Senior’s Homes:

Mon., March 9th: 10:30 a.m. at Homestead Lodge

Thu., March 12th: 10:00 a.m. at Heritage House

Thu., March 19th: 10:00 a.m. at Century Park

Tue., March 24th: 10:00 a.m. at Vegreville Care Centre

Thu., March 26th: 10:00 a.m. at Vegreville Manor



Parish Weekly Donations:

- Sunday Offerings – February 01: \$2,295.00
- Sunday Offerings – February 08: \$1,565.00
- Sunday Offerings – February 15: \$ 735.00
- Sunday Offerings – February 22: \$ 915.00

February Total Donation: \$5,510.00

PARISH EVENTS AND ANNOUNCEMENTS

During Lent, the weekday Divine Liturgies are celebrated Monday–Thursday @ 8 AM (not on Fridays).

Saturday, February 28th:

- 5:00 p.m. – Divine Liturgy

Sunday, March 1st:

- 9:00 a.m. – Divine Liturgy (Ukrainian)
- 11:15 a.m. – Divine Liturgy (English)

Wednesday, March 4th:

- 7:00 p.m. – Akathist to the Passion of Christ

Friday, March 6th:

- 7:00 p.m. – Divine Liturgy & Sorokousty

Saturday, March 7th:

- 5:00 p.m. – Divine Liturgy

Sunday, March 8th:

- **10:00 a.m.** – ONLY ONE Divine Liturgy (bilingual)
- **Lunch and Parish Annual Meeting** immediately following the Divine Liturgy
- 10:15 – 11:10 a.m. – First Holy Communion Class

Wednesday, March 11th:

- 7:00 p.m. – Akathist to the Passion of Christ

Friday, March 13th:

- 7:00 p.m. – **Lenten Mission** with Fr. Mark Sych begins at the Divine Liturgy & Sorokousty
- Refreshments and fellowship will take place in the Parish Hall following the service. Everyone is welcome!

Saturday, March 14th:

- **Lenten Mission** with Fr. Mark Sych continues at the 5:00 p.m. Divine Liturgy

Sunday, March 15th:

- 9:00 a.m. – Divine Liturgy (Ukrainian)
- 11:15 a.m. – Divine Liturgy (English)
- **Lenten Mission** with Fr. Mark Sych concludes at both Divine Liturgies



Неділя 1 березня: Друга Неділя Посту

Тропар воскресний, глас 5: Собезначальне Слово Отцю і Духові,* від Діви народжене на спасіння наше,* оспіваймо, вірні, і поклонімся, * бо благоволив плоттю зійти на хрест* і смерть перетерпіти, і воскресити умерлих* славним воскресінням Своім.

Слава Отцю, і Сину, і Святому Духові, і нині, і повсякчас, і на віки віків. Амінь.

Кондак (2 неділя посту), глас 4: Час подвигу тепер настав, суд при дверях. * Тому візьмімось До посту* і принесім сльози жалю З милостинями, взиваючи:* Більше гріхів наших, як піску морського,* але прости, Творче всіх,* щоб і нам прийняти нетлінні вінки.

Прокімен, глас 5: Ти, Господи, охорониш нас і збережеш нас від роду цього і повік.

Стих: Спаси мене, Господи, бо не стало праведного.

Прокімен, глас 5: Ти, Господи, охорониш нас і збережеш нас від роду цього і повік.

Апостол: До Євреїв послання святого апостола Павла читання (1:10–2:3)

Хор: Алилуя! Алилуя! Алилуя!

Стих: Милості Твої, Господи, повік оспівуватиму, сповіщу з роду в рід істину Твою устами моїми.

Хор: Алилуя! Алилуя! Алилуя!

Стих: Бо сказав Ти: Повік милість збудується, на небесах утвердиться істина Твоя.

Хор: Алилуя! Алилуя! Алилуя!

Євангелія: Від Марка 2:1–12

Замість 'Достойно....': Тобою радується, Благодатная, все творіння, ангельський собор і людський рід, освячений храме і раю словесний, дівства похвало, із якої Бог воплотився і младенцем став – перед віками сущий Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, все творіння, слава тобі.

Причасний: Хваліте Господа з небес, хваліте Його во
вишніх. Аلیلія! Аلیلія! Аلیلія!

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Sunday, March 1: Second Sunday of Lent

Sunday, Troparion, tone 5: Let us the faithful acclaim and worship the Word, * co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh, to suffer death* and to raise the dead by His glorious resurrection.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion (2nd Sunday of Lent), tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, tone 5: You, O Lord, will guard us* and will keep us* from this generation* and forever.

Verse: Save me, O Lord, for there is no longer left a just man.

Prokeimenon, tone 5: You, O Lord, will guard us* and will keep us* from this generation* and forever.

Epistle: A reading from the Epistle to the Hebrews (1:10-2: 3)

Faithful: Alleluia! Alleluia! Alleluia!

Verse: Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

Faithful: Alleluia! Alleluia! Alleluia!

Verse: For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared.

Faithful: Alleluia! Alleluia! Alleluia!

Gospel: Mark (2:1-12)

Instead of 'It is truly right': In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the

heavens. In you, O Full of Grace, all creation rejoices. Glory
be to you.

Communion Hymn: Praise the Lord from the heavens;*
praise Him in the highest. Alleluia! Alleluia! Alleluia!

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