



# BICHUK BULLETIN

## HOLY TRINITY UKRAINIAN CATHOLIC CHURCH

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March 08, 2026

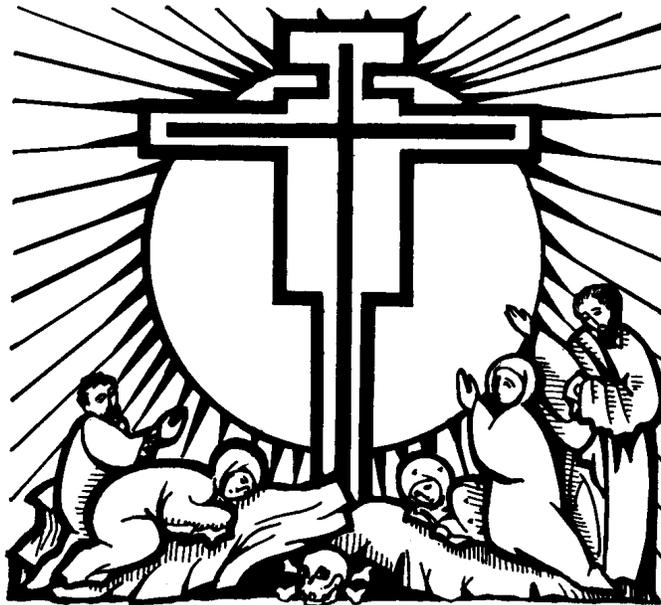
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*3<sup>rd</sup> Sunday of Lent:*

*Veneration of the Holy Cross*

*Mark 8:34-9:1*



***Divine Liturgies:***

**Sundays:** 9:00 a.m. (Ukrainian) & 11:15 a.m. (English)

**Monday–Thursday (during Lent):** 8:00 a.m.

**Saturdays:** 5:00 p.m.

**Holy Days of Obligation:** 10:00 a.m. & 7:00 p.m.

***Baptisms & Funerals:*** By arrangement.

***Marriages:*** By arrangement eight months in advance.

**NOTE:** Marriage preparation course required.

***Confessions:*** 20 minutes before Sunday Divine Liturgies, or by appointment.

***Pastor:*** Fr. Iryney Valyavka, OSBM

***Assistant Pastor:*** Fr. Yosafat Oliynyk, OSBM

***Parish Secretaries (part time):*** Lorraine Stoyko & Michelle Yakimetz

<p><b>HOLY TRINITY PARISH OFFICE HOURS (Monday – Friday)</b> 9:30 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.</p>
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The Church, in her wisdom, now places before us on this Sunday the radiant and life-giving Cross, so that as we ascend, we may see more clearly – more clearly of our weakness, and more clearly the beauty of His grace.

The Sessional Hymns proclaim: “By the wood of Your Cross, O Lord, You have destroyed the flame of disobedience”.

From the beginning of salvation history, disobedience wounded humanity. Through another tree – the wood of the Cross – Christ heals what Adam damaged. The Cross is not only an instrument of suffering; it is the destruction of the Enemy. It is victory hidden inside humility.

Yet the hymn makes the prayer deeply personal: “Put to death the desires of my flesh, and by the Fast... purify me.”

This is the heart of the third week. The Fast is not simply about food. It is about allowing Christ to crucify within us whatever burns with unhealthy desire – pride, impatience, jealousy, resentment, self-will. The Cross destroys the flame of disobedience, but we must allow it to touch our hearts.

The Canon of Ode 9 reminds us of Moses lifting the serpent in the desert. Those who looked upon it were healed. In the same way, when we look upon Christ lifted on the Cross – not casually, but with repentance – we are healed from the poison of the ancient Deceiver. The hymn cries: “Stamp Your divine love on my soul.”

What a powerful prayer! Lent is not about self-improvement alone. It is about transformation. It is about Christ restoring in us the image that was shattered by sin.

We also hear of the sorrow of the Mother of God, standing beneath the Cross, her heart pierced. She teaches us that love always costs something. Yet

through her intercession, mercy flows abundantly to us. The invisible God took on our poverty so that He might restore us in His goodness.

As we move deeper into this fourth week, our ascent becomes more serious, but also more luminous. The higher we climb, the more clearly we see our true face – not the face distorted by sin, but the face being renewed in the beauty of His grace.



**UCWLC Membership Fees (\$20.00) Due:**

For anyone who hasn't yet submitted their membership fees, please place in an envelope marked "UCWLC Membership" in the collection plate or bring to the Parish Office. Thank you.

**Perohy and Pereshke for Sale:**

To order, please contact the Parish Office at 780-632-3433, or [ucveg@telusplanet.net](mailto:ucveg@telusplanet.net) .

Potato & cheddar and potato & cottage cheese perohy-\$7.00/dozen, packaged in bags of 5-dozen.

**For a limited time, Pereshke** will be available for \$10.00/dozen, packaged in bags of 2-dozen.

**Please remember to bring a bag for your order.**



**Elk Island Catholic Schools Registration:**

**2026-2027 Registration is now open!**

St. Martin's Catholic School: Grades Pre-K – 6

- 780-632-2266 | [stmn@eics.ab.ca](mailto:stmn@eics.ab.ca)

St. Mary's Catholic School: Grades 7-12

- 780-632-3934 | [stmy@eics.ab.ca](mailto:stmy@eics.ab.ca)

**Register online at: [eics.ab.ca](http://eics.ab.ca)**

## **This Sunday: Parish Annual Meeting**

The Parish Annual Meeting is this **Sunday, March 8<sup>th</sup>**, with lunch, meeting, and fellowship immediately following the **10:00 am bilingual Divine Liturgy**. All parishioners are encouraged to attend to show their interest in and support of the Parish.

## **2026 Easter Schedules:**

The 2026 Easter Schedules are now available to pick up in the vestibule.

To save the Parish the expense of mailing out the Easter schedules, please also consider picking them up for your family members, friends, & neighbors. Thank you!

## **2025 Tax Receipts:**

All of the remaining 2025 Tax Receipts that were not picked up have been mailed off at the end of February. The Parish Office will answer inquiries made about the tax receipts until April 30<sup>th</sup>.

## **2026 Kalendar Svitlo:**

Four copies of the 2026 *Kalendar Svitlo* are available for \$20.00 at the Parish Office. This book contains the entire liturgical calendar for 2026 and articles on various spiritual topics of Byzantine Catholic life. In continuation of the series to gain a better understanding and practical approach of the Sacraments, the 2026 copy provides an explanation of the Holy Sacraments of **Baptism** and **Confirmation**. It also contains the directory of liturgical clergy in all of Canada, the US, South America, Europe, and Australia.

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## **Knights of Columbus Brunch:**

Sunday, March 15<sup>th</sup> from 10:00 a.m. – 1:00 p.m.  
in the Parish Hall. Admission: \$10.00/person.

Everyone welcome!

## **God Speaks from the Cross – Eparchial Lenten Series**

*What do Jesus' words from the Cross mean for us today?*

Join us for this series of 3 evenings meant to inform and encourage reflection as we prepare ourselves for Great and Holy Pascha. Together we will explore the profound meaning of the seven statements spoken by Christ from the Cross and how they can transform our lives and deepen our relationship with God.

**Thu., March 12, 19, & 26 from 7:00 – 8:30 p.m.**

**LOCATION:** In person at St. Basil's Cultural Centre, 10819-71 Ave., Edmonton.

**If you are not able to attend in person, you may join on Zoom at this link:** <https://tinyurl.com/Lenten26> .

Contact: [Bernadette.mandrusiak@eeparchy.com](mailto:Bernadette.mandrusiak@eeparchy.com), or call 780-424-5496 if you have any questions.

### **Lenten Online Retreat:**

For Catechists and those aspiring to become Catechists. **Theme: Fruits of the Holy Spirit.**

**Time:** 7:00 p.m. CST (6:00 p.m. local MST).

#### **Session dates:**

Ukrainian – March 2 and 9; English – March 3 and 10.

Led by Retreat Master Fr. Raphael Strontsitsky, MSU.

To register, please email [catechistugcc@gmail.com](mailto:catechistugcc@gmail.com) .

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*The Holy Father's Prayer Intention for March 2026:*

**For disarmament and peace:** Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

**Great Lent Services:**

**Akathist to the Passion of Christ: 7:00 p.m.**

- Wednesday, March 11 & 25<sup>th</sup>

**Matins with Prostrations:**

- Wednesday, March 18<sup>th</sup> at 7:00 p.m.

**Divine Liturgy & Sorokousty: 7:00 p.m.**

- March 13, 20, & 27<sup>th</sup>



**2026 Lenten Mission with Fr. Mark Sych**

**Friday, March 13<sup>th</sup>**

- at the 7:00 p.m. Sorokousty. Everyone is welcome for fellowship and refreshments in the Parish Hall following the service.

**Saturday, March 14<sup>th</sup>**

- at the 5:00 p.m. Divine Liturgy

**Sunday, March 15<sup>th</sup>**

- at the 9:00 & 11:15 a.m. Divine Liturgies



**Sorokousty 2026:** On Fridays during Lent, Memorial Divine Liturgy & Sorokousty will be celebrated at 7:00 p.m. for the deceased of individual families. Please arrange to have the deceased members of your family remembered during these services. For your convenience, specially-marked envelopes are available in the vestibule. Please **list only the names of the deceased during the past year (if your family had a list in previous years).**

**A suggested offering to the Basilian Fathers of \$20.00 per year** is requested upon registration. Please place in the collection plate, or hand it to Father, or bring it to the Parish Office. Thank you!

**Please note:** *during Lent, there will **not** be an 8:00 a.m. Divine Liturgy on Fridays.*

**Upcoming Catering Work Bees – Volunteers Needed!**

- **Mon., March 9<sup>th</sup>: Peeling potatoes & making filling for perohy** at 9:00 a.m.
- **Tue., March 10<sup>th</sup>: Perohy Making Bee** at 9:00 a.m. in the Parish Hall. Volunteers needed; everyone is welcome!

**Volunteer Corner:**

*A huge thank you to all volunteers* who have assisted with the preparation for and catering of the recent events, such as the Perogy Supper, and all other work bees and functions. Thank you for your generosity assisting with these important fundraising opportunities for our parish!

**We thank all volunteers who give their time to assist with various church functions and duties.**

**Thank you to all those** who take care of all other volunteer duties, including but not limited to Altar Care, ushering, lectoring, assisting with liturgies, First Holy Communion preparation class, money counting, etc.

**Everyone’s unique talents and contributions are greatly appreciated in the life and functioning of our Parish!**



**Liturgy Service at Senior’s Homes:**

**Mon., March 9<sup>th</sup>: 10:30 a.m.** at Homestead Lodge

**Wed., March 18<sup>th</sup>: 10:00 a.m. at *Heritage House***

**Thu., March 19<sup>th</sup>: 10:00 a.m.** at Century Park

**Tue., March 24<sup>th</sup>: 10:00 a.m.** at Vegreville Care Centre

**Thu., March 26<sup>th</sup>: 10:00 a.m.** at Vegreville Manor



**Parish Weekly Donations:**

- Sunday Offerings – March 01: \$2,220.00

## PARISH EVENTS AND ANNOUNCEMENTS

*During Lent, the weekday Divine Liturgies are celebrated Monday–Thursday @ 8 AM (not on Fridays).*

**Saturday, March 7<sup>th</sup>:**

- 5:00 p.m. – Divine Liturgy
- Please note: **Daylight Saving Time begins** on Sunday – remember to turn your clocks ahead 1 hour at bedtime

**Sunday, March 8<sup>th</sup>:**

- **10:00 a.m.** – ONLY ONE Divine Liturgy (bilingual)
- **Lunch and Parish Annual Meeting** immediately following the Divine Liturgy

**Wednesday, March 11<sup>th</sup>:**

- 7:00 p.m. – Akathist to the Passion of Christ

**Friday, March 13<sup>th</sup>:**

- 7:00 p.m. – **Lenten Mission** with Fr. Mark Sych begins at the Divine Liturgy & Sorokousty
- Refreshments and fellowship will take place in the Parish Hall following the service. Everyone is welcome!

**Saturday, March 14<sup>th</sup>:**

- **Lenten Mission** with Fr. Mark Sych continues at the 5:00 p.m. Divine Liturgy

**Sunday, March 15<sup>th</sup>:**

- 9:00 a.m. – Divine Liturgy (Ukrainian)
- 11:15 a.m. – Divine Liturgy (English)
- **Lenten Mission** with Fr. Mark Sych concludes at both Divine Liturgies
- **Knights of Columbus Brunch:** 10:00 a.m. – 1:00 p.m. in the Parish Hall. Everyone welcome!

**Wednesday, March 18<sup>th</sup>:**

- 6:00 p.m. – Rosary & **UCWLC Meeting**
- 7:00 p.m. – Akathist to the Passion of Christ

**Friday, March 20<sup>th</sup>:**

- 7:00 p.m. – Divine Liturgy & Sorokousty

**Saturday, March 21<sup>st</sup>:**

- 5:00 p.m. Divine Liturgy

**Sunday, March 22<sup>nd</sup>:**

- 9:00 a.m. – Divine Liturgy (Ukrainian)
- 11:15 a.m. – Divine Liturgy (English)
- 10:15 – 11:10 a.m. – First Holy Communion Class

## **Неділя 8 березня: Третя Неділя Посту Хрестопоклонна неділя**

**Тропар воскресний, глас 6:** Ангельські сили – на гробі Твоім,\* а сторожа омертвіла\* Марія ж стояла у гробі,\* шукаючи пречистого тіла Твого.\* Полонив Ти ад, та не переможений ним,\* зустрів Ти діву, даруючи життя.\* Воскреслий з мертвих Господи, слава Тобі.

**Тропар хресту, глас 1:** Спаси, Господи, людей Твоїх\* і благослови насліддя Твоє,\* перемоги благовірному народові на супротивників даруй\* і хрестом Твоім\* охорони люд Твій.

**Слава Отцю, і Сину, і Святому Духові, і нині, і повсякчас, і на віки віків. Амінь.**

**Кондак (3 неділя Посту), глас 7:** Вже не стереже едемських брам зброя вогненна,\* бо вони злучилися в преславному союзі – хресному дереві,\* смертне жало й адова перемога знищені\* Ти бо, Спасе мій, з'явився,\* промовивши тим, що в аді:\* Увійдіть знову до раю!

**Замість Святий Боже..:** Хресту Твоєму поклоняємось, Владико, і святее воскресіння Твоє славим.

**Прокімен, глас 6:** Спаси, Господи, народ Твій і благослови спадкоємство Твоє.

**Стих:** До Тебе, Господи, взиватиму, Боже мій, щоб не відвертався Ти мовчки від мене.

**Прокімен, глас 6:** Спаси, Господи, народ Твій і благослови спадкоємство Твоє.

**Апостол: До Євреїв послання святого апостола Павла читання (4:14–5:6)**

**Хор: Алилуя! Алилуя! Алилуя!**

**Стих:** Стихи на Алилуя: Пом'яни свою громаду, яку Ти придбав собі здавна.

**Хор: Алилуя! Алилуя! Алилуя!**

**Стих:** Бог же Цар наш предвічний, вчинив спасіння посеред землі.

**Хор: Алилуя! Алилуя! Алилуя!**

**Євангелія: Від Марка 8:34–9:1**

**Замість 'Достойно....':** Тобою радується, Благодатная, все творіння, ангельський собор і людський рід, освячений храм і раю словесний, дівства похвало, із якої Бог воплотився і младенцем став – перед віками сущий Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, все творіння, слава тобі.

**Причасний:** Яви нам світло лица Твого, Господи.  
Алилуя! Алилуя! Алилуя!

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## **Sunday, March 8: Third Sunday of Lent Veneration of the Holy Cross**

**Sunday, Troparion, tone 6:** Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb\* seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead, \* glory be to You!

**Troparion (the Cross), tone 1:** Save Your people, O Lord, and bless Your inheritance.\* Grant victory to Your faithful people against enemies,\* and protect Your community by Your cross.

**Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.**

**Kontakion (3rd Sunday of Lent), tone 7:** No longer does the flaming sword guard the gate of Eden;\* the tree of the Cross has quenched its flames gloriously.\* The sting of death and the victory of Hades are banished,\* and You O my Saviour came and called to those in Hades: "Return again to Paradise!"

**Instead of: 'Holy God...:** To Your Cross, O Master,\* we bow in veneration,\* and we glorify Your holy Resurrection!

**Prokeimenon, tone 6:** Save Your people, O Lord, and bless Your inheritance.

**Verse:** Unto You I will cry, O Lord my God, lest You turn from me in silence.

**Prokeimenon, tone 6:** Save Your people, O Lord, and bless Your inheritance.

**Epistle:** A reading from the Epistle to the Hebrews (4:14–5:6)

**Faithful: Alleluia! Alleluia! Alleluia!**

**Verse:** Remember Your congregation which You acquired from the beginning.

**Faithful: Alleluia! Alleluia! Alleluia!**

**Verse:** But God is our king before the ages; He has wrought salvation in the midst of the earth.

**Faithful: Alleluia! Alleluia! Alleluia!**

**Gospel: Mark (8:34–9:1)**

**Instead of 'It is truly right':** In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion Hymn:** Let the light of Your countenance, O Lord\* shine upon us. Alleluia! Alleluia! Alleluia!

